

PRESS RELEASE

Amaravati, 23rd December 2021

SRM University-AP takes part in "Celebrating the Rivers of India"

Honouring the fourth largest river in India, the students, faculty, and other staff members of SRM University-AP spent a memorable evening at Manthena Satyanarayana Arogyalayam, Thullur, Vijayawada, on the banks of River Krishna. As a part of Azadi ka Amrit Mahotsav, the Ministry of Jal Shakti, Government of India, organises various programmes on the theme "Celebrating the Rivers of India". The revitalising event organised by the Department of Student Affairs at SRM AP was an opportunity to relish the view of boats gliding smoothly on the river, enjoy the lush bushes growing all around, and do yoga in the delightful breeze on a serene evening at the bank of river Krishna.

Dr Manthena Satyanarayana introduced the gathering to the practice of naturopathic medicine which is based on modern and traditional, scientific and empirical methods. Dr Gangadhar, Dr Chaitanya and Dr Prema led a short rejuvenating yoga and meditation session for the participants. The research centre named Arogyalayam advocates protecting health by increasing the level of immunity and enhancing life-force (praana sakti) amidst very pleasing natural environs, with the help of experts and experienced personnel, under the overall supervision of Dr Manthena Satyanarayana.

"The waterfront and the refreshing greenery of nature heals our mind and soul in this stressful modern-day life", Prof V S Rao, Vice-chancellor, opined. The practitioners at the Arogyalayam were honoured with stoles and mementos as tokens of appreciation. Dr R Premkumar-Registrar, Directors of various departments, and Deans of schools were present on the occasion.